

Villa Oasis High School - January 2024






Monday

Tuesday

Wednesday

Thursday

Friday

<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	
			<p>04 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk</p>	<p>05 Lunch Pizza Veggies Fruit / Juice / Milk</p>	<p>Breakfast Nutrient AVG Calories 458 Sodium (mg) 427 Total Fat (g) 6.28 Saturated Fat (g) 2.65 Trans Fat' (g) 0.00</p>
<p>08 Lunch Cheeseburger Baked beans / Potatoes Fruit / Juice / Milk</p>	<p>09 Lunch Chicken tenders w/cookie Potatoes / Veggies Fruit / Juice / Milk</p>	<p>10 Lunch Chicken burrito Beans / Corn Fruit / Juice / Milk</p>	<p>11 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk</p>	<p>12 Lunch Pizza Veggies Fruit / Juice / Milk</p>	<p>Lunch Nutrient AVG Calories 767 Sodium (mg) 1060 Total Fat (g) 21.68 Saturated Fat (g) 6.19 Trans Fat' (g) 0</p>
<p>15 No School!</p>	<p>16 Lunch Chicken tenders w/cookie Potatoes / Veggies Fruit / Juice / Milk</p>	<p>17 Lunch Chicken burrito Beans / Corn Fruit / Juice / Milk</p>	<p>18 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk</p>	<p>19 Lunch Pizza Veggies Fruit / Juice / Milk</p>	
<p>22 Lunch Cheeseburger Baked beans / Potatoes Fruit / Juice / Milk</p>	<p>23 Lunch Chicken tenders w/cookie Potatoes / Veggies Fruit / Juice / Milk</p>	<p>24 Lunch Chicken burrito Beans / Corn Fruit / Juice / Milk</p>	<p>25 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk</p>	<p>26 Lunch Pizza Veggies Fruit / Juice / Milk</p>	
<p>29 Lunch Cheeseburger Baked beans / Potatoes Fruit / Juice / Milk</p>	<p>30 Lunch Chicken tenders w/cookie Potatoes / Veggies Fruit / Juice / Milk</p>	<p>31 Lunch Chicken burrito Beans / Corn Fruit / Juice / Milk</p>			

Assorted fruit, juice, fat-free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability.
USDA is an equal opportunity provider.